

Physical Education rules - Secondary

INTRODUCTION

We take sport seriously at Florimont; pupils have two timetabled periods of Physical Education (PE) per week. Children are more likely to achieve academic and personal success by following a varied sports programme using the latest equipment and facilities. To get the best results, avoid injury and ensure our equipment is used appropriately, pupils must abide by the Institut's rules and standard safety regulations for PE below.

RULES

Uniforms

1. Pupils must wear the following clothing in Institut Florimont colours for PE lessons: :
 - short-sleeved t-shirt, long-sleeved t-shirt and shorts
 - tracksuit top and bottoms for outdoor sports in winter
 - one pair of trainers for outdoor sports
 - **a second clean pair of trainers kept in a sports bag is required for indoor sport.**
2. The Institut does not provide spare clothes.
3. A pupil who turns up for PE without their PE kit must go to the study hall; if this occurs again, the pupil is also given 2 hours' detention, supervised by Vie Scolaire; if it occurs a third time, the above measures apply and they are also given a C grade for effort on their report for that period.
4. All clothing must be marked with the owner's full name.
5. Pupils are to use the lockers provided to store their sports kit and bag and keep them locked.
6. For safety reasons, pupils are not allowed to wear jewellery (bracelets and necklaces); the same applies to wearing caps unless the weather is bad.
7. Pupils may use their own badminton racket or unihockey/floorball stick.

Changing rooms

8. Pupils must only use the changing room areas indicated to them by the Vie Scolaire team.
9. Pupils may shower after PE as long as they are not late for the next lesson (pupils must bring their own shower products, towel, etc.).
10. At the beginning and end of each lesson, members of the Vie Scolaire team and PE teachers stay in the corridor to supervise pupils entering and leaving the changing rooms (only female staff are permitted to enter the girls' changing rooms and only male staff are permitted to enter the boys' changing rooms).

Punishment and liability

11. If a pupil damages school PE equipment or property, they may be required to pay for repairs.
12. The Institut and PE staff accept no liability for loss or theft in the school's sports facilities or changing rooms.

13. The Institut reserves the right to punish any pupil who does not observe the PE rules.
14. If a pupil is late for a PE lesson, they must report to Vie Scolaire who will decide on the action to be taken.

Excusal from PE lessons

15. A pupil will only be excused from PE on presentation of a specific doctor's certificate. The pupil must spend the PE lesson in the study hall.
16. A partial doctor's certificate describing why a pupil is unable to participate in PE may also be accepted (a suitable alternative lesson will be offered).
17. A note from parents will not be accepted in place of a doctor's certificate to excuse a pupil from PE.
18. Any pupil unable to do PE must report to their PE teacher who will decide what action to take. Doctor's certificates must be handed to PE teachers.

ADISR (Association des Directeurs des Instituts de Suisse Romande)

19. Parents must complete a form specific to each event giving permission for their child to participate in competitions organised by ADISR (sports competitions between private schools in French-speaking Switzerland) and other institutions in Geneva.