

PHYSICAL EDUCATION AND SPORTS REGULATIONS – PRIMARY SCHOOL

At Institut Florimont, Physical Education and Sports (P.E.) play a central role in the development of students from a very young age. Each week, primary school pupils benefit from several periods of varied sports activities in modern facilities, promoting their motor development, appreciation of effort, and respect for others.

To ensure optimal safety, proper use of equipment, and smooth running of lessons, the following rules, specific to the primary school, supplement the general regulations of the Institut.

1. SPORTS ATTIRE

All students must wear the official sportswear in the colours of Institut Florimont, consisting of:

- A short- or long-sleeved t-shirt;
- Sports shorts;
- A full tracksuit for outdoor or winter activities;
- A pair of sports shoes suitable for outdoor activities;
- A second pair of clean shoes for indoor activities.

All items of clothing must be clearly labelled with the student's full name.

A small canvas bag with the Institut Florimont logo is also required to store the sports shoes and water bottle.

For safety reasons:

- Wearing jewellery (necklaces, bracelets, dangling earrings, smartwatches, etc.) is prohibited.
- Long hair must be tied back.
- Caps are only permitted during outdoor activities in hot weather, with the teacher's approval.

Students may bring their own specific equipment (e.g., racket, floorball stick, etc.) under their own responsibility and with the teacher's consent.

2. BEHAVIOR AND RESPONSIBILITY

Students must show respect for instructions, equipment, classmates, and teachers.

Any deliberate damage to equipment or facilities may result in the family being required to pay for repairs.

Inappropriate behaviour or repeated failure to follow rules will result in educational measures, ranging from a verbal reminder to temporary exclusion from the activity.

Neither the Institut nor the teachers can be held responsible in the event of loss or theft of personal belongings.

3. ABSENCES AND EXEMPTIONS

A temporary exemption from physical activity must be justified by a medical certificate submitted to the P.E. teacher and the class teacher. A note from the parents can never substitute for a medical certificate or serve as grounds for exemption.

Parents may exceptionally notify, in writing (via the student agenda or by email), a temporary difficulty (fatigue, pain) limiting participation. In such cases, the student will still take part in the lesson in an adapted way (refereeing, observing, helping with logistics).

In the case of long-term medical exemption, adjusted participation or alternative activities may be proposed.

4. SPORTING ACTIVITIES AND COMPETITIONS

Some students may participate in inter-school sports events (tournaments, ADISR meetings, or others) or internal competitions on a voluntary basis, based on selection and with **written parental consent**.

An exemplary attitude is expected at such events: respect for rules, team spirit, and fair play.

5. COMMUNICATION WITH FAMILIES

The P.E. team informs families at the start of the school year about expectations, objectives, and required equipment. Any repeated forgetfulness or inappropriate behaviour will be addressed in a constructive dialogue with parents, aiming to encourage a caring and progressive sense of responsibility.